



NHS

Great Ormond Street
Hospital for Children
NHS Foundation Trust

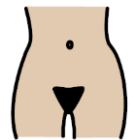
Giving a wee sample (Easy Read)



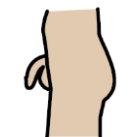
Your doctor can find out a lot about you by checking your wee. They may ask you to give a sample for testing.



This is what you do to give a wee sample.



Girls should wash between their legs.



Boys should wash their penis thoroughly including under the foreskin.



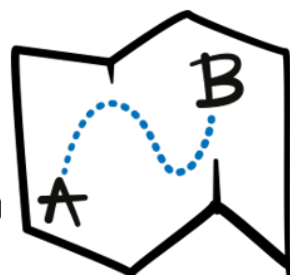
Do not use soap or wipes - just water.



Next you should wash your hands with soap and water.



Get a bowl and make sure it is really clean. You can use a foil or cardboard bowl if you have one.





Let a little bit of wee out first then hold the bowl and wee into it. You can sit on it as you do usually. Boys can stand up to wee in the bowl.



Pour your wee from the bowl into the sample bottle or test tube.



You might need to use a funnel.



Screw the lid on the bottle tightly.



Flush the rest of the wee down the toilet.



Give the sample to your doctor.



Wash the bowl in hot soapy water. If you use a foil or cardboard bowl you can throw it away in the bin.



Please ask us if you have any questions.

