



NHS

Great Ormond Street
Hospital for Children
NHS Foundation Trust

Having a blood test (Easy Read)



Your doctor or nurse has asked you to have a blood test. They will take a small amount of blood to check.



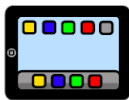
Our lab staff will look at the blood under a microscope (said: my-cro-scope). They can look at your blood cells very carefully and count them. This helps the doctors work out how to look after you.



We will put some cream on your skin before we take the blood sample to make your skin numb. This means the needle will not hurt so much.



If you are older than 5, you could have some cold spray. This works quicker than the cream. It also makes your skin numb.



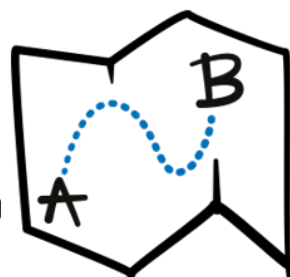
You could play a computer game too. You can help by thinking about something nice.



We will put a band around your arm. This may be a bit tight.



They will quickly put a small needle into a vein and take a small amount of blood. As soon as they have enough blood, they will take out the needle.





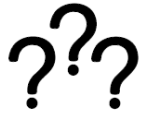
You can choose whether to have a plaster or not.



We will write your name on the bottle and also fill in a form.



When our lab staff have looked at your blood, they will tell your doctor what they have found.



Please ask us if you have any questions.

