



**NHS**

Great Ormond Street  
Hospital for Children  
NHS Foundation Trust

## Having a transit study (Easy Read)



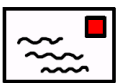
A transit study lets the doctors see how your tummy and intestines (said: in-tess-teens) are working. It shows how fast or slow food moves.



When we eat, food moves down our throat to our tummy. Acid in your tummy breaks down the food into mush. The mush then moves to your small and large intestine (said in-tess-teen) to take out all the goodness.



The transit study lasts for four days. On day 1, 2 and 3, you will take a capsule. You will come to GOSH for a scan on day 4.



We will send you the capsules in the post along with the plan for when to take them. We will also send a form for the scan.



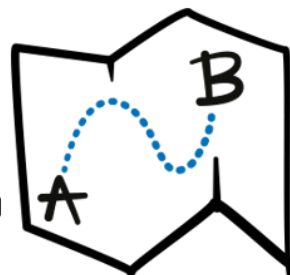
The capsules have different shapes inside them so you know which one to take on which day. They show up well on the scan.



It is best to swallow each capsule in one go on each day. If you cannot do this, you can empty the capsule into some food. Make sure you swallow all the pellets.



On day 4, you will come to hospital for the scan. Your mum or dad can come in with you. They will need to wear a special apron.





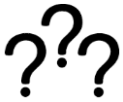
We will send the results of the scan to your doctor.



The shapes come out in your poo. You can flush them down the toilet. We do not need them back.



Your doctor will talk to you about the results at your next clinic appointment.



Please ask us if you have any questions.

