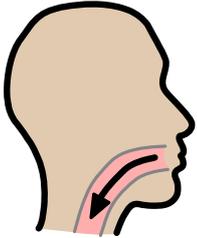


Having an NG tube



Your digestive (said: dye-jess-tiv) system is a very long tube that goes from the back of your mouth to your bottom. Everything you eat and drink goes through this tube and all the goodness is taken out. Your body needs this goodness to work well.

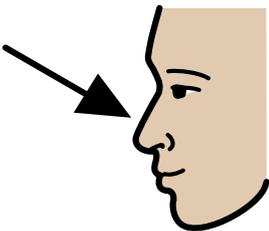


Some people cannot have food and drink normally.

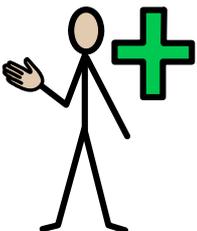
- It might not be safe for them to swallow food or drink
- They might not be able to eat enough to keep growing
- They might have lots of air in their tummy



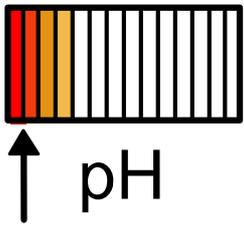
This might just be for a short time after an operation. Some children have these problems for a long time. An NG tube might help them



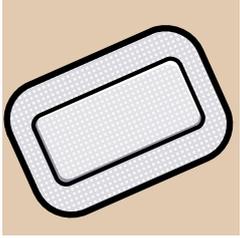
An NG tube is a bendy plastic tube that goes up your nose, down your throat into your tummy. Food and drink goes through this tube straight into your tummy.



A nurse will put the tube in your nose on the ward. This will not hurt but it may be uncomfortable. You might sneeze a bit and feel like you are going to be sick. This will not last long.



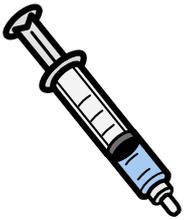
The nurse will check that the tube is in the right place in your tummy. They will take a bit of liquid from your tummy and put it on some special paper.



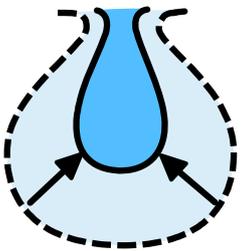
When we know it is in the right place, the nurse will put a plaster on your cheek to hold the tube in place.



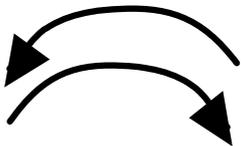
You will have feed in a bag going straight into your tummy. This is made just for you and contains all the goodness you need to grow.



You may have medicines through the tube as well. You will not need to swallow them so you will not have to taste them.



If your tummy is full of air, the end of the tube will be left open so the air can escape. This will make you feel better.



You will have the tube changed regularly. The plaster sticking the tube to your cheek will also be changed.



Please ask us if you have any questions.