



**NHS**

Great Ormond Street  
Hospital for Children  
NHS Foundation Trust

## Having your nose re-shaped (Easy Read)



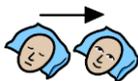
You are coming into hospital to have an operation to re-shape your nose.



You will have the operation while you are under anaesthetic. This means you will not feel anything or know what happens during the operation.



The surgeon will make a small incision through your nostrils. They will re-shape the nose bone and cartilage.



You will come back to the ward to wake up from the anaesthetic.



The nurses will check you regularly to make sure you are getting better.



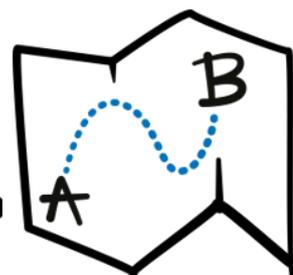
Your face will be swollen after the operation. Your eyes may be bruised and sore too. This will get better gradually.



You will feel sore after the operation but the nurses will give you pain medicine to take away the pain.



You might feel sick after the operation. The doctors will give you some medicine to stop you feeling sick.





You can have something to eat and drink when you are not feeling sick. You will have to eat slowly as you are breathing through your mouth rather than your nose.



You can get out of bed and go to the play room when you are starting to feel better.



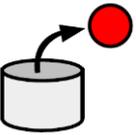
You will be able to go home the next day.



You may still be sore when you get home. You can have pain medicine to take away the pain.



You should not fiddle with your nose or sneeze strongly as this could damage it while it is healing.



The stitches in your nostrils will fall out over the next few weeks. This is good because it shows you are getting better.



You will need to come back to the hospital for a check-up. We will tell you when this is booked.



Please ask us if you have any questions.

