

Physiotherapy – what you can expect from us when your child is discharged from GOSH

It is common that children require physiotherapy intervention during their inpatient stay at Great Ormond Street Hospital but, depending on your child's clinical needs, they may not need ongoing physiotherapy when they are discharged home.

The Physiotherapy Department at GOSH is a specialist centre and does not provide an outpatient service for ongoing regular physiotherapy input for children (excluding Rheumatology and Haemophilia services). Some outpatient clinics do have a physiotherapist present to give advice but this is not always the case.

If your child does require ongoing physiotherapy your ward based physiotherapist will discuss this with you before discharge. With your permission, they will refer your child to their local children's Physiotherapy service or request that your GP does this. You will be copied into any written correspondence.

Your local children's service should then contact you directly and arrange to see your child. It will then be your responsibility to keep any appointments that are provided and to update your local children's physiotherapy team on any medical changes.

If a local physiotherapy referral had not been indicated on discharge but once home you feel that your child's needs have changed, we recommend that you contact your GP to ask for a referral to your local service.